Lithium One Metals Inc.
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Lithium One Announces Changes in Officers and Directors

Vancouver, British Columbia, December 3, 2024 – Lithium One Metals Inc. (TSXV: LONE; FSE: H490) (the "**Company**" or "**Lithium One**") announces that Nav Dhaliwal, currently the Executive Chair and a director of the Company, has resigned as Executive Chair and has been appointed Interim President and Chief Executive Officer of the Company. He remains a director of the Company.

R. Dale Ginn has resigned as President, Chief Executive Officer and director of the Company and Robert Jewson has resigned as director of the Company. The Company thanks both Mr. Ginn and Mr. Jewson for their time and contributions and wishes them well in their future endeavours.

About Lithium One

Lithium One Metals is a Canadian exploration company specializing in the acquisition and development of high-potential lithium properties in Ontario and Québec. Our team of experienced geologists and prospectors are at the forefront of the search for the next generation of lithium deposits.

On behalf of Lithium One Metals Inc.
Nav Dhaliwal, Interim President and Chief Executive Officer

For more information, please visit the Company's website at https://lithiumonemetals.com or contact:
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