



CLEARHOUSE LLP
CHARTERED PROFESSIONAL ACCOUNTANTS

September 14, 2023

Ontario Securities Commission
British Columbia Securities Commission
Alberta Securities Commission
Financial And Consumer Services Commission (New Brunswick)
Manitoba Securities Commission
Nova Scotia Securities Commission
NL (Newfoundland and Labrador Securities Regulation)
Financial And Consumer Affairs Authority Of Saskatchewan
Prince Edward Island Office of the Superintendent of Securities

Dear Sirs/Mesdames:

**Re: Lifeist Wellness Inc. (the "Company")
Notice of Change of Auditor**

We acknowledge receipt of a Notice of Change of Auditor (the "**Notice**") dated September 14, 2023, delivered to us by the Company in respect of the change of auditor of the Company.

Pursuant to National Instrument 51-102 of the Canadian Securities Administrators, please accept this letter as confirmation by Clearhouse LLP that we have reviewed the Notice and, based on our knowledge as at the time of receipt of the Notice, we agree with each of the statements concerning Clearhouse LLP therein.

Yours very truly,

Clearhouse LLP

Chartered Professional Accountants
Licensed Public Accountants