

NOTICE OF CHANGE OF AUDITORS

**To: Baker Tilly WM LLP
Clearhouse LLP**

**And To: Ontario Securities Commission
British Columbia Securities Commission
Alberta Securities Commission
Financial And Consumer Services Commission (New Brunswick)
Manitoba Securities Commission
Nova Scotia Securities Commission
NL (Newfoundland and Labrador
Securities Regulation)
Financial And Consumer Affairs Authority of Saskatchewan
Prince Edward Island Office of the Superintendent of Securities
(the “Commissions”)**

TAKE NOTICE THAT, at the request of Lifeist Wellness Inc. (the “**Company**”), Baker Tilly WM LLP (the “**Former Auditor**”) resigned as the auditor of the Company effective September 14, 2023. Effective September 14, 2023, Clearhouse LLP (the “**Successor Auditor**”) was appointed as the new auditor of the Company.

TAKE FURTHER NOTICE THAT:

- a. The resignation of the Former Auditor and the appointment of the Successor Auditor have been approved by the board of directors of the Company on recommendation of the audit committee of the board of directors;
- b. In the opinion of the Company, no “reportable event”, as defined in National Instrument 51-102 – *Continuous Disclosure Requirements*, occurred prior to the resignation of the Former Auditor; and
- c. None of the Former Auditor’s reports on the Company’s financial statements, during the period beginning on December 1, 2020 and ending on the date of resignation, expressed a modified opinion.

The Company therefore requests that each of the Former Auditor and the Successor Auditor in a letter addressed to the Commissions, state whether or not they agree with the information contained in this Notice (or otherwise state that they have no basis to agree or disagree with such information), with a copy of each such letter to be received by the undersigned within 7 days of their receipt of this Notice, in addition to providing the undersigned with the same document in PDF format acceptable for filing through SEDAR+

DATED at Toronto, Ontario, this 14th day of September 2023.

On Behalf of Lifeist Wellness Inc.

Per:



Name: Slava Klems

Title: Chief Financial Officer

cc: TSX Venture Exchange