

**LIFEIST WELLNESS INC.**

**Change of Auditor**

To: Ontario Securities Commission  
British Columbia Securities Commission  
Alberta Securities Commission  
The Manitoba Securities Commission  
Financial and Consumer Affairs Authority of Saskatchewan  
Financial and Consumer Services Commission (New Brunswick)  
Nova Scotia Securities Commission  
Prince Edward Island Securities Office  
Government of Newfoundland and Labrador Financial Services Regulation Division

And to: Davidson & Company LLP, Chartered Professional Accountants ("**Davidson**")

And to: Clearhouse LLP, Chartered Professional Accountants ("**Clearhouse**")

Re: Notice of Change of Auditor Pursuant to Section 4.11 of National Instrument 51-102 -  
*Continuance Disclosure Obligations* ("**NI 51-102**")

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Pursuant to Section 4.11 of NI 51-102, Lifeist Wellness Inc. (the "**Company**") hereby gives notice of the change of its auditor from Clearhouse to Davidson. In accordance with NI 51-102, the Company hereby states that:

1. Clearhouse has resigned as the Company's auditor effective January 29, 2026;
2. the resignation of Clearhouse and the appointment of Davidson as the Company's auditor have been considered and approved by the Company's audit committee and the Company's board of directors;
3. Clearhouse has not expressed any modified opinion in any audit reports during the period in which Clearhouse was the Company's auditor; and
4. there have been no "reportable events" within the meaning assigned under subsection 4.11(1) of NI 51-102.

**Dated** the 29<sup>th</sup> day of January, 2026.

**BY ORDER OF THE BOARD OF DIRECTORS  
OF LIFEIST WELLNESS INC.**

"Lachlan McLeod"

Lachlan McLeod

Interim Chief Executive Officer and Chief Financial Officer