



January 29, 2026

Ontario Securities Commission  
British Columbia Securities Commission  
Alberta Securities Commission  
The Manitoba Securities Commission  
Financial and Consumer Affairs Authority of Saskatchewan  
Financial and Consumer Services Commission (New Brunswick)  
Nova Scotia Securities Commission  
Prince Edward Island Securities Office  
Government of Newfoundland and Labrador Financial Services Regulation Division

Dear Sirs/Mesdames:

**Re: Lifeist Wellness Inc. (the "Company")  
Notice of Change of Auditor**

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We acknowledge receipt of a Notice of Change of Auditor (the "**Notice**") dated January 29, 2026, delivered to us by the Company in respect of the change of auditor of the Company.

Pursuant to National Instrument 51-102 of the Canadian Securities Administrators, please accept this letter as confirmation by Clearhouse LLP that we have reviewed the Notice and, based on our knowledge as at the time of receipt of the Notice, we agree with each of the statements concerning Clearhouse LLP therein.

Yours very truly,

Chartered Professional Accountants  
Licensed Public Accountants