

NEWS RELEASE**TRES-OR CONFIRMS TERMINATION OF SECOVA METALS OPTION ON DUVAY-CHENIER
GOLD PROPERTY**

Vancouver, B.C. – November 30, 2018 - Tres-Or Resources Ltd. (“**Tres-Or**” or the “**Company**”) (TSX-V: TRS, OTCPK: TRSFF) is issuing this news release further to its release of November 2, 2018 disclosing the termination of the option (the “**Option**”) of Secova Metals Corp (“**Secova**”) on the Duvay-Chenier Gold Property (the “**Property**”). In this regard Tres-Or wishes to make it clear that, contrary to the disclosure in the interim financial statements and MD & A of Secova for the period ended September 30, 2018, as filed on SEDAR, there are no negotiations between Tres-Or and Secova to satisfy the terms of the Option.

As detailed in its November 2, 2018 news release Tres-Or has terminated the Option and is considering other alternatives to advance the Property.

On behalf of the Board of Directors

“Laura Lee Duffett”

Laura Lee Duffett
President and CEO

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About Tres-Or Resources Ltd.:

Tres-Or Resources Ltd. (TSX Venture: TRS) is a Canadian resource company focused on exploring for gold, base metals and diamond resources in the Abitibi-Témiscamingue regions in northwestern Quebec. Additional information related to the Company is available at: www.tres-or.com .

Neither the TSX Venture Exchange nor its Regulation Service Provider (as the term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy of accuracy of this news release.