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**Pond Technologies Holdings Inc. Announces Filing of 2019 Third Quarter Unaudited Condensed Interim Financial Statements and MD&A**

**Calgary, Alberta**, November 25, 2019 - Pond Technologies Holdings Inc. (the “**Corporation**” or “**Pond**”) (TSX.V: POND) announces that the unaudited condensed interim consolidated financial statements of the Corporation for the three and nine months ended September 30, 2019 and the related management’s discussion and analysis have been filed and are available for review on the SEDAR website at [www.sedar.com](http://www.sedar.com) or on the Corporation’s website at [www.pondtech.com](http://www.pondtech.com).

The September 30, 2019 unaudited condensed interim consolidated financial statements and management’s discussion and analysis documents relate to a period of time after the completion of the reverse take-over and change of business transaction involving the Corporation (previously named Ironhorse Oil & Gas Inc.) and Pond Technologies Inc. which occurred on January 30, 2018.

**About Pond Technologies:**

Located in Markham, Ontario, Pond has developed a proprietary growth platform that can transform carbon dioxide (CO<sub>2</sub>) from virtually any source into valuable bio-products. The Corporation works with the cement, steel, oil and gas and power generation industries to reduce greenhouse gas emissions and generate new revenue streams.

Pond’s platform technology also includes the growth of algae superfoods for the nutraceutical and food additive markets. Pond’s system is capable of growing many species of algae, including strains that produce anti-oxidants, omega-3 fatty acids, and protein for human and animal consumption.

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