

Form 45-102F1

**Notice of Intention to Distribute Securities under Section 2.8 of
NI 45-102 *Resale of Securities***

Reporting issuer

1. Name of reporting issuer:

HARVEST ONE CANNABIS INC.
Suite 2650, 1066 West Hastings St.
Vancouver, BC V6E 3X1

Selling security holder

2. Your name:

MMJ GROUP HOLDINGS LIMITED
Suite 518, Level 5
165-167 Phillip Street
Sydney NSW, Australia 2000

3. The offices or positions you hold in the reporting issuer: Control Person.
4. Are you selling securities as a lender, pledgee, mortgagee or other encumbrancer? No.
5. Number and class of securities of the reporting issuer you beneficially own: MMJ Group Holdings Limited, directly or indirectly, has beneficial ownership or control or direction over 48,333,333 Common Shares of the issuer, representing, to the holder's knowledge, approximately 27.8% of the outstanding common shares of the issuer.

Distribution

6. Number and class of securities you propose to sell: Up to 5,000,000 Common Shares.
7. Will you sell the securities privately or on an exchange or market? If on an exchange or market, provide the name: The securities may be sold either privately or through the facilities of the TSX Venture Exchange.

Warning

It is an offence to submit information that, in a material respect and in light of the circumstances in which it is submitted, is misleading or untrue.

Certificate

I certify that

- (1) I have no knowledge of a material fact or material change with respect to the issuer of the securities that has not been generally disclosed; and
- (2) the information given in this form is true and complete.

Date: 31 October 2018

MMJ Group Holdings Limited
Your name (Selling security holder)

.../s/ Jason Conroy.....

Your signature (or if a company, the signature of your authorized signatory)

Jason Conroy
Name of your authorized signatory