

**FIRST HELIUM INC.
OFFICER'S CERTIFICATE**

**Pursuant to Section 2.20 of National Instrument 54-101 –
Communication With Beneficial Owners of Securities of a Reporting Issuer
("NI 54-101")**

I, **Ed Bereznicki, Chief Executive Officer of First Helium Inc.** (the "**Corporation**"), do hereby certify, for and on behalf of the Corporation in my capacity as an officer of the Corporation and not in my personal capacity, that the Corporation:

- (a) has arranged to have proxy-related materials for the annual general meeting of shareholders of the Corporation to be held on **December 16, 2021** (the "**Meeting**"), sent in compliance with NI 54-101 to all beneficial owners of common shares of the Corporation at least 21 days before the date fixed for the Meeting;
- (b) has arranged to have carried out all of the requirements of NI 54-101 in addition to those described in paragraph (a) above; and
- (c) is relying on section 2.20 of NI 54-101 to abridge the time requirements set out in subsections 2.1(b), 2.2(1) and 2.5(1) of NI 54-101.

DATED at the **City of Vancouver, in the Province of British Columbia**, this **25th** day of **November, 2021**.

FIRST HELIUM INC.

"Ed Bereznicki"

Per: **Ed Bereznicki**
Chief Executive Officer