

# First Helium Inc.

Via SEDAR

October 28, 2021

TO ALL REGULATORS AND EXCHANGES

RE: **First Helium Inc.** (the "Issuer")  
**Notice of Meeting and Record Dates**

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We advise the following with respect to the Issuer's upcoming Meeting of Security Holders:

1	<b>Meeting Type</b>	Annual General Meeting
2	<b>Record Date for Notice of Meeting</b>	November 8, 2021
3	<b>Record Date for Voting (If Applicable)</b>	November 8, 2021
4	<b>Beneficial Ownership Determination Date</b>	November 8, 2021
5	<b>Meeting Date</b>	December 16, 2021
6	<b>Meeting Location</b>	TBA
<b>7 Voting Securities Details</b>		
8	<b>Description (Class)</b>	Common
9	<b>ISIN / CUSIP</b>	CA32050C1059 / 32050C105
10	<b>Issuer sending proxy related materials directly to Non-Objecting Beneficial Owners (NOBO's)</b>	NO
11	<b>Issuer paying for delivery of Objecting Beneficial Owners (OBO's)</b>	NO
<b>12 Notice and Access</b>		
	<b>Beneficial Holders</b>	NO
	<b>Registered Holders</b>	NO
13	<b>Material Selection</b>	A - All

Regards,

*"Jeff Dare"*

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Jeff Dare, Corporate Secretary  
First Helium Inc.