

**QUALIFICATION CERTIFICATE
AS REQUIRED BY NATIONAL INSTRUMENT 44-101**

I, Edward Bereznicki, the President, Chief Executive Officer and Director of First Helium Inc. (the “**Issuer**”), hereby certify, not in my personal capacity but as an officer of the Issuer, that the Issuer satisfies the following criteria set out in section 2.2 of National Instrument 44-101 – Short Form Prospectus Distributions (“**NI 44-101**”):

- (a) the Issuer is an electronic filer under National Instrument 13-101 – System for Electronic Document Analysis and Retrieval (SEDAR);
- (b) the Issuer is a reporting issuer in the Provinces of British Columbia, Alberta, Saskatchewan, Manitoba, Ontario and Nova Scotia (the “**Jurisdictions**”);
- (c) the Issuer has filed with the securities regulatory authority in each of the Jurisdictions all periodic and timely disclosure documents that it is required to have filed in that Jurisdiction under applicable securities legislation, pursuant to an order issued by the securities regulatory authority or pursuant to an undertaking to the securities regulatory authority;
- (d) the Issuer has current annual financial statements and a current AIF in each of the Jurisdictions; and
- (e) the Issuer’s equity securities are listed and posted for trading on the TSX Venture Exchange and the Issuer is not an issuer whose operations have ceased, or whose principal asset is cash, cash equivalents or its exchange listing.

I also certify that all of the materials incorporated by reference in the preliminary short form prospectus and not previously filed are being filed with the preliminary short form prospectus.

Capitalized terms which are used but not defined herein have the meaning ascribed to them in NI 44-101.

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DATED this 30th day of November, 2023.

FIRST HELIUM INC.

Per: *“Edward Bereznicki”*

EDWARD BEREZNICKI
President, Chief Executive Officer and Director