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November 29, 2023

**BY SEDAR+**

New Brunswick Financial and Consumer Services Commission  
Prince Edward Island Securities Commission  
Newfoundland and Labrador Securities Commission

Dear Sirs/Mesdames:

**First Helium Inc. (the “Company”) – Issuer Profile No. 000051882**

This letter is to inform you that we are adding the New Brunswick, Prince Edward Island and Newfoundland & Labrador securities commissions as recipients to the following SEDAR+ projects:

<u>No.</u>	<u>Project No.</u>	<u>Description</u>
1.	06058628	Unaudited condensed interim consolidated financial statements of the Company for the three and six months ended September 30, 2023 and 2022, together with the notes thereto.
2.	06058644	Management’s discussion and analysis of the Company dated November 29, 2023 for the three and six months ended September 30, 2023.

We trust the foregoing is in order.

Yours very truly,

**MAXIS LAW CORPORATION**

*“Debra May”*

**Debra May**  
**Securities Paralegal**

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