

FIRST HELIUM INC.
550 - 800 West Pender Street
Vancouver, BC
V6C 2V6

NOTICE OF ANNUAL GENERAL AND SPECIAL MEETING OF SHAREHOLDERS

NOTICE IS HEREBY GIVEN that an annual general and special meeting (the “**Meeting**”) of the shareholders of **FIRST HELIUM INC.** (the “**Corporation**”) will be held at 550 – 800 West Pender Street, Vancouver, British Columbia, on Thursday, December 18, 2025 at 11:00 a.m., PST, for the following purposes:

1. To receive the audited consolidated financial statements of the Corporation for the financial year ended March 31, 2025, together with the report of the auditor thereon;
2. To set the number of directors at four (4) for the ensuing year;
3. To elect directors of the Corporation for the ensuing year;
4. To re-appoint Davidson & Company LLP, Chartered Professional Accountants, as auditor of the Corporation for the ensuing year and authorize the directors to fix their remuneration;
5. To consider and, if thought fit, to pass, with or without variation, an ordinary resolution to ratify, confirm and approve the 10% rolling stock option plan of the Corporation, as more particularly described in the accompanying information circular of the Corporation (the “**Information Circular**”); and
6. To consider and, if thought fit, to pass, with or without variation, an ordinary resolution to approve a new 10% fixed equity incentive plan of the Corporation, as more particularly described in the accompanying information circular of the Corporation; and
7. To transact such other business as may properly be brought before the Meeting or any adjournment thereof.

An Information Circular accompanies this Notice of Meeting. The Information Circular contains details of matters to be considered at the Meeting.

Only shareholders of record at the close of business on November 3, 2025 will be entitled to receive notice of, and to vote at, the Meeting or any adjournment(s) or postponement(s) thereof. If you are a registered shareholder of the Corporation and are unable to attend the Meeting in person, please complete, date and sign the accompanying form of proxy and deposit it with Endeavor Trust Corporation., Suite 702 - 777 Hornby Street, Vancouver, BC, V6Z 1S4 (Fax: 604.559.8908) by mail, fax, email to proxy@endeavortrust.com or by following the procedure for secure online voting provided in the accompanying form of proxy no later than 48 hours (excluding Saturdays, Sundays and holidays) prior to the time of the Meeting, or any adjournment(s) or postponement(s) thereof, unless the chairman of the Meeting elects to exercise his discretion to accept proxies received subsequently. If a registered shareholder receives more than one form of proxy because such shareholder owns shares registered in different names or addresses, each form of proxy should be completed and returned.

If you are a non-registered shareholder of the Corporation and received this Notice of Meeting and accompanying materials through a broker, a financial institution, a participant, a trustee or administrator of a self-administered retirement savings plan, retirement income fund, education savings plan or other similar self-administered savings or investment plan registered under the *Income Tax Act* (Canada), or a nominee of any of the foregoing that holds your securities on your behalf (the “**Intermediary**”), please complete and return the materials in accordance with the instructions provided to you by your Intermediary.

DATED at Vancouver, British Columbia as of the 3rd day of November 2025.

FIRST HELIUM INC.

“Ed Bereznicki”

ED BEREZNICKI

President, Chief Executive Officer and Director