

**ENDEAVOR TRUST CORPORATION**

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First Helium Inc.

Via SEDAR+

October 9, 2025

TO ALL APPLICABLE REGULATORS AND EXCHANGES

**RE: First Helium Inc. (the "Issuer")
Notice of Meeting and Record Dates**

We advise the following with respect to the Issuer's upcoming Meeting of Security Holders:

1	Meeting Type	Annual General & Special Meeting
2	Record Date for Notice of Meeting	November 3, 2025
3	Record Date for Voting (If Applicable)	November 3, 2025
4	Beneficial Ownership Determination Date	November 3, 2025
5	Meeting Date	December 18, 2025
6	Meeting Location	TBA
7	Voting Securities Details	
8	Description (Class)	Common
9	ISIN / CUSIP	CA32050C1059 / 32050C105
10	Issuer sending proxy related materials directly to Non-Objecting Beneficial Owners (NOBOs)	No
11	Issuer paying for mailing to Objecting Beneficial Owners (OBOs)	No
12	Notice and Access	
	Beneficial Holders	Yes
	Registered Holders	Yes
	Stratification Level	Not Applicable
13	Material Selection	S - All & Special Materials

Regards,

Endeavor Trust Corporation

Agent for First Helium Inc.