

Date: November 8, 2019

Computershare
530-8th Avenue SW, 6th floor
Calgary AB, T2P 3S8
www.computershare.com

To: All Canadian Securities Regulatory Authorities

Subject: VITAL ENERGY INC

Dear Sir/Madam:

We advise of the following with respect to the upcoming Meeting of Security Holders for the subject Issuer:

Meeting Type :	Annual General and Special Meeting
Record Date for Notice of Meeting :	December 06, 2019
Record Date for Voting (if applicable) :	December 06, 2019
Beneficial Ownership Determination Date :	December 06, 2019
Meeting Date :	January 16, 2020
Meeting Location (if available) :	Calgary, AB
Issuer sending proxy related materials directly to NOBO:	No
Issuer paying for delivery to OBO:	Yes

Notice and Access (NAA) Requirements:

NAA for Beneficial Holders	No
NAA for Registered Holders	No

Voting Security Details:

Description	CUSIP Number	ISIN
COMMON SHARES	92847K109	CA92847K1093

Sincerely,

Computershare
Agent for VITAL ENERGY INC