



NOTICE OF ANNUAL GENERAL MEETING OF SHAREHOLDERS

The 2018 Annual General Meeting (the "Meeting") of the Shareholders of High Liner Foods Incorporated (the "Company") will be held at The Westin Nova Scotia, Halifax, Nova Scotia, on May 9, 2018 at 11:30 a.m. (Atlantic Time) for the following purposes:

- 1. To receive the annual financial statements of the Company for the fiscal year ended December 30, 2017, and the reports of the directors and auditors;**
- 2. To elect directors to the Board of the Company for 2018;**
- 3. To appoint auditors and permit the directors to fix their remuneration;**
- 4. To approve the advisory resolution to accept the Company's approach to executive compensation disclosed in the Management Information Circular; and**
- 5. To transact such other business as may be properly brought before the Meeting.**

All registered holders of common shares of the Company (a "**Share**") as at the commencement of the Meeting are entitled to vote at the Meeting. If you cannot attend in person, please complete, date, sign and **return the enclosed proxy not later than 24 hours before the Meeting** using the postage prepaid envelope enclosed for that purpose or send by fax to 1.866.781.3111 or send by email to proxyvote@astfinancial.com or vote directly online at www.astvotemyproxy.com or by telephone at 1.888.489.5760.

The annual financial statements for the fiscal year ending December 30, 2017, together with Management's Discussion and Analysis (the "**MD&A**"), the Management Information Circular and a form of proxy accompany this Notice of Meeting.

Dated at Lunenburg, Nova Scotia this 23rd day of March 2018.

By order of the Board

(signed)

Timothy Rorabeck
Corporate Secretary
Executive Vice President, Corporate Affairs
and General Counsel