



## NOTICE OF ANNUAL GENERAL MEETING OF SHAREHOLDERS

The 2021 Annual General Meeting (the "Meeting") of the Shareholders (see definition on page 3 of this document) of High Liner Foods Incorporated (the "Company" or "High Liner Foods") will be held at High Liner Foods' head office in Lunenburg, Nova Scotia, on May 18, 2021 at 11:30 a.m. (Atlantic Time) for the following purposes:

1. To receive the annual financial statements of the Company for the fiscal year ended January 2, 2021, and the report of the auditors;
2. To elect directors to the Board of the Company for 2021;
3. To appoint auditors for 2021 and permit the directors to fix their remuneration;
4. To approve the advisory resolution to accept the Company's approach to executive compensation disclosed in the Management Information Circular; and
5. To transact such other business as may be properly brought before the Meeting.

Having regard to the ongoing COVID-19 pandemic, High Liner Foods is using a virtual meeting tool that will allow participation in the Meeting online or by phone to continue to mitigate risks to the health and safety of our communities, Shareholders, employees and other stakeholders. **High Liner Foods asks that, where possible, Shareholders participate in the Meeting through the virtual meeting tool that can be found at <https://web.lumiagm.com/447368559> password: highliner2021 (case sensitive).**

All registered holders of common shares of the Company (a "Share") as at the commencement of the Meeting are entitled to participate and vote at the Meeting. To ensure your votes are counted in the Meeting, all Shareholders are strongly encouraged to please complete, date, sign and **return the enclosed proxy not later than 24 hours before the Meeting** using the postage prepaid envelope enclosed for that purpose or send by fax to 1-866-781-3111 or send by email to [proxyvote@astfinancial.com](mailto:proxyvote@astfinancial.com) or vote directly online at [www.astvotemyproxy.com](http://www.astvotemyproxy.com) or by telephone at 1-888-489-5760.

Any shareholder or proxyholder intending to participate at the Meeting other than using the virtual meeting tool identified in this Notice and described in High Liner Foods' Management Information Circular, or to vote other than in advance by proxy, **must contact High Liner Foods in advance either by phone by calling 902-634-6211 or by email at [investor@highlinerfoods.com](mailto:investor@highlinerfoods.com).**

The annual financial statements for the fiscal year ending January 2, 2021, together with Management's Discussion and Analysis (the "MD&A"), the Management Information Circular and a form of proxy accompany this Notice of Meeting.

Dated at Lunenburg, Nova Scotia as of the 22<sup>nd</sup> day of March 2021.

By order of the Board  
(signed)

Timothy Rorabeck  
Corporate Secretary  
Executive Vice President, Corporate Affairs  
and General Counsel