



Omineca Completes Pump Down Test at Wingdam

Saskatoon, SK. November 21, 2019 – Omineca Mining and Metals Ltd. (TSX-V: OMM) (“Omineca” or the “Company”) reports completion of a pump-down test on its flagship Wingdam project, designed to determine the success of the grouting program announced on October 11, 2019. This test, along with diminished recharge rates of water inflow since the test, indicate that the Company has severed the link between the current and historic underground workings at Wingdam. The test further indicates that the project should benefit from an 85% decrease in dewatering time. Additionally, all necessary work on the settling ponds has been completed.

Omineca, along with its partners, are currently planning the full dewatering program at Wingdam, along with rehabilitation of underground workings from the 2012 bulk sample program. During the rehabilitation phase, the Company will also install an additional engineered grout plug to permanently seal the project area from the historic workings upstream.

Omineca and its partners anticipate having the Wingdam Project dewatered before the end of 2019.

About Omineca Mining and Metals Ltd.

Omineca Mining and Metals Ltd. controls a 100% interest in both the flagship Wingdam Project and the Fraser Canyon Project, through its wholly owned subsidiary CVG Mining Ltd. The 2700 ha Wingdam Project is located 45 km east of Quesnel B.C. on the Barkerville Highway. The property includes both placer and hard-rock tenures along the Lightning Creek valley, where topographic conditions created a thick overburden which preserved a large portion of the channel from conventional surface placer mining activity.

Qualified person

Dr. Stewart A. Jackson, PGeo, is a qualified person within the context of National Instrument 43-101 and has prepared, read and approved the technical aspects of this news release.

For further information, please contact:

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Forward Looking Statements

This release includes forward-looking statements regarding Omineca and its business. Such statements are based on the current expectations and views of future events of Omineca’s management. In some cases, the forward-looking statements can be identified by words or phrases such as “may”, “will”, “expect”,

“plan”, “anticipate”, “intend”, “potential”, “estimate”, “believe” or the negative of these terms, or other similar expressions intended to identify forward-looking statements. The forward-looking events and circumstances discussed in this release may not occur and could differ materially as a result of the failure to consummate the project financing, the economic feasibility of the Wingdam Project, known and unknown risk factors and uncertainties affecting Omineca, including risks regarding the resource industry, economic factors and the equity markets generally and many other factors beyond the control of Omineca. No forward-looking statement can be guaranteed. Forward-looking statements and information by their nature are based on assumptions and involve known and unknown risks, uncertainties and other factors which may cause our actual results, performance or achievements, or industry results, to be materially different from any future results, performance or achievements expressed or implied by such forward-looking statement or information. Accordingly, readers should not place undue reliance on any forward-looking statements or information. Forward-looking statements speak only as of the date on which they are made and Omineca undertakes no obligation to publicly update or revise any forward-looking statement, whether as a result of new information, future events, or otherwise, except as required by applicable securities laws.

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