



TSX TRUST COMPANY

VIA ELECTRONIC TRANSMISSION

November 8, 2019

TO ALL APPLICABLE EXCHANGES AND COMMISSIONS:

RE: GOODFOOD MARKET CORP
Confirmation of Notice of Record and Meeting Dates

We are pleased to confirm that Notice of Record and Meeting Dates was sent to The Canadian Depository for Securities.

We advise the following with respect to the upcoming Annual and Special Meeting of Security Holders for the subject issuer:

1	ISIN:	CA38217M1005
	CUSIP:	38217M100
2	Date Fixed for the Meeting:	January 8, 2020
3	Record Date for Notice:	November 29, 2019
4	Record Date for Voting:	November 29, 2019
5	Beneficial Ownership Determination Date:	November 29, 2019
6	Classes or Series of Securities that entitle the holder to receive Notice of the Meeting:	COMMON
7	Classes or Series of Securities that entitle the holder to vote at the meeting:	COMMON
8	Business to be conducted at the meeting:	Annual and Special
9	Notice-and-Access:	
	Registered Shareholders:	NO
	Beneficial Holders:	NO
	Stratification Level:	Not Applicable
10	Reporting issuer is sending proxy-related materials directly to Non-Objecting Beneficial Owners:	YES
11	Issuer paying for delivery to Objecting Beneficial Owners:	YES

Yours truly,
TSX Trust Company

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