# Cava Resources Inc. Strengthens Board of Directors and Appoints New CFO

Toronto, Ontario--(Newsfile Corp. - December 12, 2017) - Cava Resources Inc. (TSXV: CVA) ("Cava" or the "Company") announces today Brian Stecyk has been appointed to the Board of Directors and Chris Hopkins has been appointed CFO.

Mr. Stecyk is an experienced businessman with an extensive background in corporate communications. He was employed in senior management with the Alberta Government for many years and now sits on the Board of Directors of Stina Resources Inc. and SBD Capital Corp.

Mr Hopkins was elected to the Board of Cava at its recent annual meeting. He has a B. Comm, his CPA and an MBA from the Schulich School of Business at York University. He has had many years of experience in the mining industry and also sits on the Board of Stina Resources Inc, Pedro Resources Inc. and SBD Capital Corp.

With the appointments of Mr Stecyk and Mr. Hopkins, the Company announces that Alex Falconer and John Hickey have resigned from the Board of Directors. The Company thanks Mr. Falconer and Mr. Hickey for their service to the Company over the past several years.

About Cava Resources Inc.

Cava is a junior exploration company whose primary property consists of its Casa Berardi properties which comprises two non-contiguous claim groups (the Casa Berardi North and the Cancor Extension) that are located in the Casa Berardi area of northwestern Quebec. Cava holds a 70% interest in these properties.

During the past year, Cava has been investigating other opportunities and carrying out due diligence. It has now entered into an agreement with Gold Rush Cariboo Inc. ("Gold Rush") to acquire all of the outstanding shares of Gold Rush in exchange for 12,600,000 shares of Cava. Gold Rush has an agreement with Goldlands Inc. to acquire the Horseshoe Bend property in southwest British Columbia and an option to acquire an additional 14 properties. Further details of this transaction, which is subject to regulatory approval, can be seen in Cava's press release dated September 29, 2017. The Company anticipates closing this transaction shortly.

**Forward-Looking Statements**

Certain information set forth in this news release may contain forward-looking statements that involve substantial known and unknown risks and uncertainties, including, but not limited to, the timing of future exploration work or drilling, and the expansion of the mineralization. These forward-looking statements are subject to numerous risks and uncertainties, certain of which are beyond the control of Cava Resources Inc., including, but not limited to, the impact of general economic conditions, industry conditions, volatility of commodity prices, risks associated with the uncertainty of exploration results and estimates, currency fluctuations, dependency upon regulatory approvals, the uncertainty of obtaining additional financing and exploration risk. Readers are cautioned that the assumptions used in the preparation of such information, although considered reasonable at the time of preparation, may prove to be imprecise and, as such, undue reliance should not be placed on forward-looking statements. This press release is not, and is not to be construed in any way as, an offer to buy or sell securities in the United States.



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