



HELIX BIOPHARMA

401 Bay Street □ Suite 2704 □ Toronto, ON M5H 2Y4

November 17, 2022

Filed Via SEDAR

TO ALL APPLICABLE EXCHANGES AND COMMISSIONS

Subject: Helix Biopharma Corp. - Notice of Record and Meeting Date

We advise the following with respect to the upcoming Annual General & Special Meeting of Security Holders for the subject issuer:

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| 1. CUSIP Number 422910109 | ISIN Number CA4229101098 |
| 2. Meeting Type: | Annual General & Special |
| 3. Record Date: | December 12, 2022 |
| 4. Beneficial Ownership Date: | December 12, 2022 |
| 5. Mail Date: | December 23, 2022 |
| 6. Meeting Date: | January 24, 2023 |
| 7. Classes or Series of Securities that entitle the holder to receive Notice of the Meeting: | COMMON |
| 8. Classes or Series of Securities that entitle the holder to vote at the meeting: | COMMON |
| 9. Business to be conducted at the meeting: | Annual General & Special |
| 10. Notice-and-Access: Registered Shareholders: | Yes |
| Beneficial Holders: | Yes |
| Stratification Level: | No |
| E-Delivery | Yes |
| 11. Reporting issuer is sending proxy-related Materials directly to Non-Objecting Beneficial Owners: | Yes |
| 12. Issuer paying for delivery to Objecting Beneficial Owners: | No |
| 13. Issuer paying for delivery to US Non-Objecting Beneficial Owners: | No |

Sincerely,

"Artur Gabor"

Artur Gabor, Chief Executive Officer
Helix Biopharma Corp.