

**PLYMOUTH REALTY CAPITAL CORP.  
1040 West Georgia Street, Suite 410  
Vancouver, British Columbia V6E 4H1**

**Plymouth Realty Capital Corp. Announces Change of Directors  
and Escrow Transfers**

**November 28, 2018. Plymouth Realty Capital Corp. (the “Company”) (TSX-V: PH)** announces that Gunther Roehlig has been appointed as Chief Executive Officer, Chief Financial Officer and director of the Company and W. Barry Girling have been appointed as a director of the Company. Jeffrey Witherell has resigned as Chief Executive Officer, Daniel Wright has resigned as Chief Financial Officer and Kermit Furlow has resigned as a director. Mr. Witherell will continue to serve as a director of the Company.

In conjunction with the change in the board of directors, Mr. Roehlig purchased a total of 1,200,000 escrow common shares at a price of \$0.10 per share from certain escrow shareholders. As a result, Mr. Roehlig now owns 19.1% of the issued and outstanding shares of the Company. Further, the Company announces that Mr. Girling will subscribe for a total of 100,000 common shares at a price of \$0.05 per share for total proceeds of \$5,000. The shares to be issued to Mr. Girling are subject to restrictions on resale for a period of four months and a day from the date of issue. The issuance to Mr. Girling is subject to the approval of the TSX Venture Exchange.

Mr. Roehlig has more than 15 years of experience in the financial and investment industry. In particular, Mr. Roehlig has experience in restructuring, managing and financing junior public companies. Most recently, Mr. Roehlig served as the president of Terra Ventures Inc., which held a 10% stake in the high-grade Roughrider uranium discovery owned by Hathor Exploration. In May 2011, Terra Ventures was acquired by Hathor Exploration – Hathor was then subsequently acquired by one of the world’s largest mining companies Rio Tinto in late 2011. Mr. Roehlig is currently a director of Zinc One Resources Inc., Hello Pal International Inc., Broome Capital Inc., Yuntone Capital Corp., Plymouth Realty Capital Corp. and New Energy Metals Corp.

W. Barry Girling has been active in various aspects of mineral exploration since 1977. He couples his geological understanding with a B.Com. (Finance) degree to provide consulting services to a number of TSX Venture Exchange companies. He has strong capital markets experience gained as a founder and director of Foundation Resources Inc. and Search Minerals Inc and was a director of Roxgold Inc. from August 2006 through September 2012 completed the re-organization of Roxgold Inc. and the acquisition of its Burkina Faso gold properties. Mr. Girling was from November 2012 President and CEO of Birch Hill Gold Corporation until it amalgamated with Canoe Mining Ventures in June of 2014, Kiska Metals Inc. until March 2017 and continues to serve as a director of I-Minerals Inc., Zinc One Resources Inc., Silver One Resources Inc., Broome Capital Inc. and Ironwood Capital Corp.

**On behalf of the Board of Directors,  
Gunther Roehlig, CEO and Director**

**For further information please contact:**

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**Forward-Looking Statements**

Information set forth in this news release contains forward-looking statements that are based on assumptions as of the date of this news release. These statements reflect management’s current estimates, beliefs, intentions and expectations. They are not guarantees of future performance. The Company cautions that all forward looking statements are inherently uncertain and that actual

performance may be affected by a number of material factors, many of which are beyond the Company's control. Such factors include, among other things: risks and uncertainties relating to the Company's ability to complete the proposed private placement financing, limited operating history and the need to comply with environmental and governmental regulations. Accordingly, actual and future events, conditions and results may differ materially from the estimates, beliefs, intentions and expectations expressed or implied in the forward looking information. Except as required under applicable securities legislation, The Company undertakes no obligation to publicly update or revise forward-looking information.

**NEITHER TSX VENTURE EXCHANGE NOR ITS REGULATION SERVICES PROVIDER (AS THAT TERM IS DEFINED IN THE POLICIES OF THE TSX VENTURE EXCHANGE) ACCEPTS RESPONSIBILITY FOR THE ADEQUACY OR ACCURACY OF THIS RELEASE.**