

VIA ELECTRONIC TRANSMISSION

August 24, 2018

TO ALL APPLICABLE EXCHANGES AND COMMISSIONS:

RE: MEDX HEALTH CORP
Confirmation of Notice of Record and Meeting Dates

We are pleased to confirm that Notice of Record and Meeting Dates was sent to The Canadian Depository for Securities.

We advise the following with respect to the upcoming Annual General and Special Meeting of Security Holders for the subject issuer:

1	ISIN:	CA5850901037
	CUSIP:	585090103
2	Date Fixed for the Meeting:	November 5, 2018
3	Record Date for Notice:	September 19, 2018
4	Record Date for Voting:	September 19, 2018
5	Beneficial Ownership Determination Date:	September 19, 2018
6	Classes or Series of Securities that entitle the holder to receive Notice of the Meeting:	COMMON
7	Classes or Series of Securities that entitle the holder to vote at the meeting:	COMMON
8	Business to be conducted at the meeting:	Annual General and Special
9	Notice-and-Access:	
	Registered Shareholders:	YES
	Beneficial Holders:	YES
	Stratification Level:	Not Applicable
10	Reporting issuer is sending proxy-related materials directly to Non-Objecting Beneficial Owners:	YES
11	Issuer paying for delivery to Objecting Beneficial Owners:	YES

Yours truly,
TSX Trust Company

" Rebecca Barron "
 Relationship Manager
 rebecca.barron@tmx.com
 301 - 100 Adelaide Street West, Toronto, Ontario, M5H 4H1

www.tsxtrust.com