



TSX TRUST COMPANY

VIA ELECTRONIC TRANSMISSION

October 15, 2019

TO ALL APPLICABLE EXCHANGES AND COMMISSIONS:

RE: MEDX HEALTH CORP

We are pleased to confirm that copies of the following proxy-related materials were mailed on October 11, 2019 to the registered shareholders and the Non-Objecting Beneficial Owners ("NOBO"):

- 1 Proxy with Notice-and-Access Notice and Request for Financial Statements - Registered Shareholders
- 2 Voting Instruction Form with Notice-and-Access Notice and Request for Financial Statements - NOBOs
- 3 Notice of Meeting Combined with Information Circular - NOBOs Requesting Full Package
- 4 Proxy Return Envelope

Yours truly,
TSX Trust Company

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