

Form 45-102F1

**Notice of Intention to Distribute Securities under Section 2.8 of
NI 45-102 Resale of Securities**

Reporting issuer

1. Name of reporting issuer: Quartz Mountain Resources Ltd. (“Quartz Mountain”)

Selling security holder

2. Your name: Robert A Dickinson

3. The offices or positions you hold in the reporting issuer: Chair of Board

4. Are you selling securities as a lender, pledgee, mortgagee or other encumbrancer? **No.**

5. Number and class of securities of the reporting issuer you beneficially own:

Distribution

6. Number and class of securities you propose to sell: **9,000,000 common shares**

7. Will you sell the securities privately or on an exchange or market? **Privately pursuant to publicly announced transaction (See Quartz Mountain News release dated May 6, 2024**

Warning

It is an offence to submit information that, in a material respect and in light of the circumstances in which it is submitted, is misleading or untrue.

Certificate

I certify that

- (1) I have no knowledge of a material fact or material change with respect to the issuer of the securities that has not been generally disclosed; and
- (2) the information given in this form is true and complete.

Date: **May 14, 2024.**

.Robert A Dickinson.
Your name (Selling security holder)

“Robert Dickinson”

.....
Your signature (or if a company, the
signature of your authorized signatory)

Robert Dickinson
.....
Name of your authorized signatory