



NOTICE AND ACCESS NOTIFICATION

Tourmaline Oil Corp. Annual Meeting

Date and Time: Wednesday, June 1, 2022 at 3:00 p.m. (Calgary time)

Where: Belaire Room, The Westin Calgary Downtown, 320 4th Avenue S.W. Calgary, Alberta

You are receiving this notification as a beneficial shareholder of Tourmaline Oil Corp. ("**Tourmaline**" or the "**Company**"). Tourmaline is using the notice and access mechanism for delivery of its 2022 proxy-related materials for the upcoming Annual Meeting (the "**Meeting**")¹.

Under the notice and access mechanism you still receive a voting instruction form, however, instead of a paper copy of Tourmaline's Information Circular – Proxy Statement (the "**Information Circular**") and related materials, you are receiving this notification outlining how you may access these materials electronically. Beneficial shareholders with existing instructions on their account to receive paper materials will receive a paper copy of the Information Circular. The use of the notice and access mechanism directly benefits Tourmaline through a reduction in postage and material costs and is also more environmentally friendly because it helps to reduce paper usage.

Business of the Meeting

At the Meeting, shareholders are being asked to consider and vote on the following matters:

ELECTION OF DIRECTORS: To elect ten (10) directors.

Information respecting the election of directors may be found under the heading "*Information Regarding Proposed Directors*" in the Information Circular.

APPOINTMENT OF AUDITORS: To re-appoint KPMG LLP, Chartered Professional Accountants as the Company's auditor for the ensuing year and to authorize the directors of the Company to fix their remuneration as such.

Information respecting the appointment of KPMG LLP may be found under the heading "*Matters to be Acted Upon at the Meeting*" section "*Appointment of Auditors*" in the Information Circular.

OTHER BUSINESS: To transact such other business as may properly be brought before the Meeting or any adjournment thereof.

Electronic copies of the proxy-related materials may be found and downloaded at www.meetingdocuments.com/TSXT/tou or through Tourmaline's profile on www.sedar.com. **We strongly encourage you to review the Information Circular in its entirety prior to voting.**

¹ Tourmaline will use the notice and access mechanism to send the Information Circular and related materials to all beneficial holders who do not have standing instructions to, or have otherwise requested to, receive paper copies of these materials. Tourmaline has elected not to utilize the notice and access mechanism to send the Information Circular and related materials to registered holders. Tourmaline will be sending paper copies of these materials to all registered holders.

Voting

You cannot vote by returning this notice.

Non-Objecting Beneficial Owners and Participants in Tourmaline's Employee Share Purchase Plan

You have four ways to submit your completed voting instruction form if you are a "non-objecting beneficial owner" as defined under applicable securities laws or a participant in Tourmaline's Employee Share Purchase Plan:

VOTE USING THE INTERNET www.tsxtrust.com/vote-proxy	VOTE BY PHONE 1-888-489-5760 (toll free Canada and US)	VOTE BY FAX 1-866-781-3111 (toll free)	VOTE BY MAIL TSX Trust Company Attn: Proxy Department P.O. Box 721 Agincourt, ON M1S 0A1
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Objecting Beneficial Owners

You have four ways to submit your completed voting instruction form if you are an "objecting beneficial owner" as defined under applicable securities laws ("**OBO**"):

VOTE USING THE INTERNET www.proxyvote.com	VOTE BY PHONE 1-800-474-7493 (English) 1-800-474-7501 (French)	VOTE BY FAX 1-905-507-7793	VOTE BY MAIL Data Processing Centre P.O. Box 2800 STN LCD Malton Mississauga, Ontario, L5T 2T7
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If you are an OBO receiving a voting instruction form or proxy from a broker or agent, you cannot use that voting instruction form or proxy to vote in at the Meeting. To vote your shares at the Meeting, the voting instruction form or proxy must be returned as instructed by the broker or agent well in advance of the Meeting. If you wish to attend and vote your shares in person at the Meeting, follow the instructions for doing so provided by your broker or agent.

Proxies must be received by Tourmaline no later than 3:00 p.m. (Calgary time) on Monday, May 30, 2022, or if the Meeting is adjourned or postponed, not less than 48 hours prior to such adjourned or postponed Meeting (excluding Saturdays, Sundays and holidays), however your voting instruction form may provide for an earlier date in order to process your votes in a timely manner. To ensure your votes are counted you should ensure your voting instruction form is submitted within the time period provided for on such voting instruction form.

Requests for Paper Copies

Should you wish to receive paper copies of the proxy-related materials, or if you have any questions about the notice and access mechanism, please contact TSX Trust Company at 1-888-433-6443 or (416) 682-3801 outside Canada and the U.S. or email tsxt-fulfilment@tmx.com. We estimate that your request for materials will need to be received at least five (5) business days in advance of the voting instruction form deposit deadline in order for you to receive your paper copies in advance of such deadline and the date of the Meeting.